



EDAMAME SOYA AND LEMON

Cook 400g thawed edamame (baby soya beans) in a large saucepan of generously salted water over high heat for 2-3 minutes or until tender and drain. Combine the cooked edamame with 2 tablespoons lemon juice and 1 tablespoon soya sauce to serve.

Contact us on 031 826 9672
info@edamame.co.za