



EDAMAME

FRESH SOYBEANS

EDAMAME SESAME SALT

Cook 400g thawed edamame (baby soya beans) in a large saucepan of generously salted water over high heat for 2-3 minutes or until tender and drain. Place 1 tablespoon toasted sesame seeds and 1 teaspoon sea salt flakes in a mortar and pestle and grind until well combined. Toss through the cooked edamame beans to serve.